



## Q Omegas

Q Omegas supercharge the natural benefits of essential omega-3 fatty acids, which are necessary nutrients for promoting and maintaining optimum health. By improving digestion, absorption, metabolism, and potency at the cellular level, Q Omegas deliver optimal wellness and support to numerous body systems.\*

### What are Omega-3 Fatty Acids?

Omega-3 fatty acids are essential to the human body, and clinical studies show that regular use of omega supplements can help improve cholesterol and reduce the risks for many chronic diseases. A diet high in omega-3s is a good start, but taking additional omegas has beneficial effects on many aspects of cell chemistry throughout the body and may help reduce anxiety and depression as brain metabolism improves.\*

### The Q Omegas Difference

Most omega supplements are not well metabolized, however, Q Omegas is different from any other product on the market. This advanced formula contains co-factors and phospholipids that enhance absorption and utilization at the cellular level.\*

In addition to a full complement of balanced omega-3 fatty acids, Q Sciences' omega formulation includes:

- **DMAE:** This chemical found in the brain has been demonstrated to elevate mood, increase intelligence, improve memory, and learning. It helps prevent aging of cells in the nerves, brain, and skin.
- **Citicoline:** A rare type of choline that activates biosynthesis of phospholipids in nerve membranes, increases brain metabolism, and protects the brain and nerves from low oxygen and free-radical damage.
- **Lipase:** A fat-digesting enzyme that helps break down omega-3s and other fats.
- **Lecithin:** Helps emulsify (break up) omega fatty acids for easy absorption.

**Suggested Use:** Take one softgel once a day before a meal. Store in a cool, dry place.



### KEY BENEFITS:

- Lowers cholesterol\*
- Reduces risk of chronic disease\*
- Supports heart and brain health\*
- Improves cellular function\*
- Reduces tissue inflammation\*
- Supports healthy aging \*



\*These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Live Life eXponentially!

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Dietary Supplement • 30 Softgels

## Supplement Facts

Serving Size: 1 Softgel

**Servings Per Container: 30**

<b>Amount Per Serving</b>	<b>% Daily Value</b>
<b>Total Calories</b>	6
Calories from Fat	5
<b>Total Fat</b>	541 mg
Saturated Fat	34 mg
Trans Fat	0.1 mg
Unsaturated Fat	507 mg
Monounsaturated Fat	91 mg
Polyunsaturated Fat	416 mg
<b>Cholesterol</b>	0 mg
<b>Total Carbohydrate</b>	129 mg
<b>Protein</b>	243 mg
Mixed Fish Oil (93% Mackerel & 7% Salmon)	300 mg +
DMAE (Dimethylamino Ethanol)	25 mg +
Flaxseed Oil	250 mg +
CDP Choline	25 mg +
Inositol	200 mg +
Lipase	6000 IU +

\*Percent Daily Values are not established

**+ Daily Value not established**

Ingredients: Gelatin, Organic flaxseed, Inositol powder, Glycerin, Marine lipid concentrate 10/60, Marine lipid concentrate 300/200, DMAE bitartrate, Lipase, Marine lipid concentrate 600/200, Purified water, Fumed silica, CDP choline, Salmon oil, Soy lecithin