



Q Fiber

Q Fiber contains a proprietary soluble and insoluble fiber blend to cleanse and support a healthy digestive system. In addition to helping the body eliminate toxins, Q Fiber supports weight management and helps maintain healthy cholesterol levels.*

Why Fiber?

Because the key to overall health and wellness lies within the digestive system, fiber is essential to maximizing the body's ability to absorb nutrients and eliminate toxins. Unfortunately, as our lifestyles get busier, our diets seem to suffer the most. Lack of fiber in your diet can lead to an assortment of health issues, easily remedied by introducing Q Fiber to your daily regimen.*

Features:

- Contains important sources of fiber, including psyllium seed husk, oat fiber, and artichoke leaf extract.*
- Provides bulk needed for proper cleansing of the intestines.*
- The perfect compliment to Q Cleanse.*
- Combined with Q Cleanse, Q Fiber assists in drawing wastes and toxins into the lower intestines where they can safely and regularly be eliminated.*



Suggested Use: Mix one scoop with 8 to 10 ounces of water or beverage of your choice twice daily.

Note: If pregnant, nursing, or suffering from a serious medical condition, please consult your health care provider prior to use.

KEY BENEFITS:

- Helps maintain bowel health*
- Aids in weight management*
- Promotes healthy cholesterol levels*
- Supports digestive health*



*These statements have not been evaluated by the food and drug administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Live Life eXponentially!



Q Fiber

Daily Fiber Supplement

Supplement Facts

Serving Size: 10 g

Servings Per Container: 30

Amount Per Serving	% Daily Value	
Calories	16	
Calories from fat	2	
Total fat	2 g	2%
Saturated fat	0 g	0%
Trans fat	0 g	**
Cholesterol	0 mg	0%
Sodium	0 mg	0%
Total carbohydrates	7 g	2%
Dietary fiber	4 g	16%
Sugars	2 g	**
Protein	0 g	0%

*Percentage Daily Values are based on a 2000 calorie intake

**Percent Daily Value not established

Ingredients: Psyllium husk, Cane sugar, Artichoke leaf extract, Guar gum, Inulin, Lemon juice powder, Flax seed, Banana flavor, Greens blend (Wheat grass powder, Green tea extract, Barley grass powder, Alfalfa leaf juice concentrate, Spirulina algae powder, Chlorella algae powder, Green pea powder, Papaya powder, Guar gum, Carrot juice concentrate, Spinach juice concentrate, Olive leaf powder, Cranberry juice concentrate, Apple powder, Cherry juice crystals, Raspberry leaf powder, Cauliflower powder, Cabbage powder, Artichoke extract, Wheat grass juice extract, Silicone dioxide, Chlorophyll, Barley grass juice extract, Citric acid, Broccoli juice extract, Beet juice powder, Shitake mushroom extract, Asparagus officinalis extract, Holy basil leaf powder, White tea (Camellia sinensis L) extract, Fennel seed extract, Pumpkin seed extract, Lipase, Amylase, Hemicellulase, Guar gum, Protease, Bilberry extract, Pomegranate extract), Oat bran, Alfalfa leaf, Citric acid, Stevia, Green tea extract, Cinnamon, Fennugreek seeds and leaves, Rosemary extract, Burdock root, Garlic, Cayenne, Ginger